

“The **influence** you **exert** is through your **own** life, and what you've **become** yourself.”

– Eleanor Roosevelt

WHAT YOU WILL LEARN



Most leadership training focuses on outer challenges and how to deal with them. But some of the biggest challenges that leaders face are rooted in internal experience, in psychological stress and emotional turbulence. In leadership positions, we may be knocked off center, avoid seeking help, or misuse authority due to role pressures, desire for power or recognition, fear, crises in confidence, unrealistic ideals, and other personal issues.

This three day seminar presents skills and concepts that allow leaders to recognize blind spots, and respond effectively to the variety of inner challenges triggered by leadership roles and responsibilities. Each day will focus on a specific set of psychological and emotional challenges, with practice for staying centered in the midst of turmoil. We will develop and practice leadership capacities and expand our skillset for working with real-time pressures, and with the emotional and psychological stressors of “game day.”

J Diamond Seminars
86 Huxley Avenue
Alderley, Qld, 4051



juliediamond

The Leadership Lab:

Developing the Leader's Inner Toolkit



Currumbin, Qld ■ December 9 – 11, 2011

SPONSORED BY:

Australia



New Zealand

PROCESS ORIENTED PSYCHOLOGY INC.

WHO SHOULD ATTEND



This workshop is for leaders, coaches and facilitators, managers, therapists, educators, students and anyone interested in becoming a more effective leader and facilitator. This experiential training blends theory with practice, using large group work, small group work, exercises in dyads, and open-seat work for skill-building and personal growth.

ABOUT JULIE



Julie Diamond, Ph.D. is part of the original group who helped develop Amy and Arny Mindell's Process Work approach to individual and group transformation. She is a co-founder of the Research Society for Process-oriented Psychology in Zurich, Switzerland, and the Process Work Institute in Portland, Oregon, where she serves as Vice President of Academic Affairs. Together with Lee Spark Jones, Julie wrote *A Path Made by Walking: Process Work in Theory and Practice*. She is based in Portland, Oregon, and works internationally as a facilitator, trainer and consultant with groups and organizations. Julie writes about the problems of leadership, learning and change on her blog, *A User's Guide to Power*, www.juliediamond.net/blog

Dates and Times

Registration

Friday, December 9th 9am–10am

Seminar

Friday, December 9th 10am–1pm and 3–6pm

Saturday, December 10th 10am–1pm and 3–6pm

Sunday, December 11th 10am–1pm and 3–5pm

Leadership Lab

Venue

Currumbin Wildlife Sanctuary

28 Tomewin Street
Currumbin Queensland 4223
AUSTRALIA

Map: http://www.cws.org.au/getcloser/contact_us/

Cost

Before September 24: AUD \$550.00

Thereafter, AUD \$600

Please note an AUD \$50.00 cancellation fee will be deducted from refunded tuitions.

Please make cheques/EFT Payable to:

ANZPOP Inc. Workshop Account

BSB: 064 111 Account: 101 02 557

Send Registration/Cheque to: Andrew Lindsay, Julie Diamond Seminar, 86 Huxley Avenue, Alderley, Qld, 4051.

Or email Registration to: andrew.lindsay@optusnet.com.au



"Julie Diamond's workshops on facilitation, **leadership**, relationships and conflict resolution have been the most rewarding, inspiring and useful for both my professional and personal development of any training I have done."

Bunny McDiarmid,
Executive Director,
Greenpeace
New Zealand

Supervision and Advanced Training

Venue

Currumbin, Qld

December 12 & 13, 2011

This advanced training seminar offers an opportunity for students and teachers of all levels to practice skills, receive and work with individualized feedback, and focus on aligning learning and assessment with one's own learning process.

This training is open to learners at all levels, in all programs of study.

Times

Monday, December 12th 10am–1pm and 3–6pm

Tuesday, December 13th 10am–1pm and 3–6pm

Venue:

Currumbin Wildlife Sanctuary
28 Tomewin Street
Currumbin Queensland 4223
AUSTRALIA

Map: http://www.cws.org.au/getcloser/contact_us/

Cost

Before September 24: AUD \$375.00

Thereafter, AUD \$400

Please note an AUD \$50.00 cancellation fee will be deducted from refunded tuitions.

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